

# WILMINGTON COLLEGE MEN'S OUTDOOR TRACK AND FIELD RECORDS

<u>Event</u>	<u>Name</u>	<u>Record</u>	<u>Date</u>
100-Meter	Wayne Stacy	10.89	1991
200-Meter	Brian Ryman	21.59	2004
400-Meter	Marque Jones	47.30	2006
800-Meter	Zach Irelan	1:52.79	2003
1500-Meter	Derrick Jackson	3:58.86	2001
Steeple Chase	Derrick Jackson	9:40.31	2001
5,000-Meter	Don Cook	15:07.1	1981
10,000-Meters	Don Cook	31:24	1981
110-Meter Hurdles	Heinz Finkes	14.94	1977
400-Meter Hurdles	Nate Weyant	53.28	2002
400-Meter Relay	Brian Ryman Greg Morrow Brent Wilkerson Preston Foy	41.61	2004
1600-Meter Relay	Greg Morrow Preston Foy Brent Wilkerson Brian Ryman	3:11.83	2004
3200-Meter Relay	Joe Maus Craig Sucher Kyle Etgen Mark Herring	7:51.39	2004
800-Meter Relay	Doug Wolf Kevin Lucas Greg Morrow Ben Groh	1:28.26	2001
Sprint Medley Relay	Doug Wolf Kevin Lucas Greg Morrow Zach Irelan	3:32.07	2001
Distance Medley	Jason Rose Chris Lundquist Greg Starks Derrick Jackson	10:39.72	2001
High Jump	Braden McMonigle	6-9.50	2009
Pole Vault	Kyle Wolf	16-7	2003
Long Jump	Mondale Hackett	24-0	1988
Triple Jump	Tim Roa	47-6.5	2004
Shot Put	Hank Benedict	51-5.5	2001
Discus	Wayne Stacy	158-6	1989
Hammer Throw	Hank Benedict	187-8	2002
Javelin	Larmont Lawson	204-10	2006
Decathlon	Wayne Stacy	6295	1989