

2009 OHIO ATHLETIC CONFERENCE CROSS COUNTRY CHAMPIONSHIPS

Saturday, October 31st, 2009

Host: Wilmington College

General Information:

<u>Time of Meet:</u>	Course Inspection	Beginning @ 3:00 p.m. on Friday
	Women's Race 6K	11:00 a.m.
	Men's Race 8K	12:00 p.m. (noon)
	Presentation of Awards	1:00 p.m. or as soon as results are available

Nature of Course: The course is relatively flat as it winds through the campus, through creeks, the arboretum, pastures, a farm, and through the woods. Course maps will be included in your packets on race day.

Course Records:

Men:	2008	David Mutuse, Lindsey Wilson	24:46.6 (8K)
Women:	2003	Shannon McConville, JCU	22:33.29(6K)

Awards: 1st Team All OAC honors (T-Shirts) go to the top nine finishers in each race, and 2nd Team All OAC are places 10-18, with championship trophies to the team winners. Awards will be presented near the finish line at 1:00 p.m. or as soon as results are tabulated. Results will be available to coaches before you leave, and will also be available at www.wilmington.edu.

Entry Fees & Entries: There is no entry fee. www.finishtiming.com will be handling the entries for the meet. All entries should be completed by Tuesday, October 23rd at 5:00 p.m. There may be another deadline on the Finishtiming site; please complete entries by the 23rd which will give our SID time to generate a meet program. For those of you that have competed at our meets in the past please give your self plenty of time to do the entries-the entry process is different for 2009 Finishtiming Races.

Teams Competing: Wilmington, John Carroll, Marietta, Capital, Muskingum, Otterbein, Mount Union, Heidelberg, Ohio Northern, Baldwin Wallace

Parking/Location: Parking will be available in the YMCA parking lot or Kettering Hall parking lot. If you are coming in a Charter bus they will be allowed to park on the street in front of Hermann Court. The starting line is south of the soccer field.

Facilities: Restroom/shower facilities are located in Hermann Court, about 100m. North of the start/finish area, enter on side of building near the track. Two portable toilets will be near the start line.

Coaches Meeting: October 30th @ 5:00 p.m. at the Finish Line Tent.

Food/Hotel Arrangements: Information sheet is attached. You may also check out www.clintoncountyohio.com

Questions? Call Ron Combs at (937) 382-6661, ext. 256. You may also contact me on my cell at (937) 218-3220.